CLOTHING AND GEAR LIST -HORSE (don't hesitate to discuss this list with our staff)

Dress on Boojum trips, both town and country, is very informal but a degree of modesty in your clothing is wise. Hotel laundry services are available but you will need to bring two or three changes of clothing for the camping portion of the trip. This basic list will be adequate for the demands of our trips.

- Sturdy large duffel bag (30x15x14" Eagle Creek Brand recommended 1-800-874-9925)
- Sleeping bag (four-season)
- Thermorest pad (inflatable comfort and insulation for sleeping)
- 1 pair walking shorts
- 2 pair jeans or riding pants
- 4 shirts or t-shirts (one long-sleeved)
- 4 sets underwear
- 1 pair warm gloves
- 1 wool cap or other warm hat
- 5 pair socks (2 pair should be wool and knee-high for riding)
- 2 bandannas or scarves
- Women: Jogbra or other suitable sporty support
- Comfortable footwear for city and village walking (sturdy walking shoes or tennis shoes or <u>lightweight</u> hiking boots well broken in)
- Riding boots (well broken in) or ankle-high riding shoes meant for endurance rides or 'ride & ties'. These work especially well when worn with a pair of 'half chaps' (knee-high leather gaitors). They have a riding heel, but are comfortable enough to be used for your city and village footwear too. . 'Stateline Tack' is a mail order company that carries these items. Please call 1-800-228-9208 to order a catalog.
- Riding Helmet (While not required, a helmet can make you safer and more confident)
- Rubber overboots, especially if your riding boots have leather soles.
- Good rain gear: parka and rain pants or "duster" (no ponchos)
- Long underwear for cold nights (polypropelene or capilene)
- Wool sweater or wool shirt
- Pile jacket or down vest
- One piece bathing suit
- Sun hat or visor
- Minimum 1 liter water bottle (leather bota bags work great for riding)
- Camera with plenty of film, extra camera batteries
- Flashlight with change of batteries, we recommend a Petzl headlamp
- Sunglasses
- Sandals (river sandals, Tevas or a shoe you can wear around camp and in the water for bathing)
- Extra glasses or contacts for those who wear them
- Sunscreen
- Personal hygiene items, handiwipes
- Biodegradable campsuds
- Toilet paper
- Extra baggage tags ("collecting" tags is popular with baggage handlers in Asia)
- -- 5 large trash bags to line duffel and sleeping bag stuff sack
- (Happiness is warm, dry clothes and a dry sleeping bag)
- 6 small & medium zip loc bags for trash disposal
- Insect repellent
- small towel
- Luggage padlocks
- 25 feet of nylon parachute cord (useful fro tying raingear and saddle bags behind saddle)
- Drinking mug (non-breakable)

USEFUL ITEMS:

Waterless soap, small binoculars, travel alarm clock, earplugs, journal and pen, pocket knife (put in checked luggage, not allowed as carry-on), lightweight snacks like granola bars, fruit bark, jerky, trail mix, nuts, tea bags that you can't start the day without, vitamins, water purification tablets, Mongolian phrasebook.